

# Nicola Watson

she/her

ASSOCIATE

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## PRACTICE AREAS

Alternative Dispute Resolution • Commercial Litigation • Employment & Labour  
• Insurance Litigation • Fisheries & Aquaculture • Construction Litigation • Administrative

## BIOGRAPHY

Nicola is an associate in the Halifax office of Cox & Palmer. She practices in Litigation as well as Employment and Labour law.

Nicola is a problem-solver with a defined focus on contract disputes arising within business endeavours and employment relationships.

Her strategic approach to dispute management begins with providing timely advice and taking measured steps to avoid litigation. Not one to shy away conflict, Nicola does not hesitate to escalate when necessary to achieve the best available outcome for her clients.

She has appeared before all levels of court in Nova Scotia as well as various administrative tribunals. She has also represented clients in alternative dispute resolution (ADR) processes including mediations and arbitrations.

Nicola advises businesses and individuals on shareholder and partnership disputes, commercial lease disputes, and breach of contract and professional negligence claims arising out of the breakdown of business and financial relationships.

In her employment law practice, she guides employers and employees through the termination of employment relationships with a particular focus on the negotiation of severance packages for senior management, c-suite and long-serving employees. She also has a keen interest in assisting her clients navigate and/or enforce non-competition and non-solicitation agreements.

Nicola is currently the Chair of the Canadian Bar Association's Administrative Law Section in Nova Scotia. Nicola formerly served as a national Practice Leader in The Advocates' Society's Construction Law and Employment Law Practice Groups.

## LANGUAGES

- English

## LAW SOCIETY MEMBERSHIPS

- Canadian Bar Association
- Nova Scotia Barristers' Society

## **BAR ADMISSION**

- Nova Scotia (2016)

## **LAW SCHOOL**

- Osgoode Hall Law School

## **EDUCATION**

- University of New Brunswick
- Osgoode Hall Law School, York University (JD, 2015)

## **PROFESSIONAL ACTIVITIES & AFFILIATIONS**

- Chair, Canadian Bar Association, Administrative Law Section in Nova Scotia
- Past – Practice Leader, The Advocates’ Society, Construction Law Practice Group
- Past – Practice Leader, The Advocates’ Society, Employment Law Practice Group